



VESLAČKI KLUB - ROWING CLUB

JADRAN

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**ROWING CLUB "JADRAN" – RIJEKA
and CROATIAN ROWING FEDERATION**

INVITE to

"CROATIA INDOOR, RIJEKA – 2016"

Competition will be held in sports hall SRC 3.

MAJ (PULSKA 3) in Saturday 12.03.2016.

beginning at 10:00 hours

PROGRAMME

SATURDAY, 12.03.2016.

**Beginning at 10:00 hours, at Rijeka, Sportsko-rekreativni centar 3.maj,
Pulska 3**

Race No	start	category	race length	
1	10:00	students	1000 m	m/f
2	10:20	cadets B (2004. and younger)	1000 m	m/f
3	10:50	masters	2000 m	m/f
4	11:30	juniors B, juniors A, seniors A/B i lightweight seniors A/B	2000 m	f
5	12:00	seniors A/B i lightweight seniors A/B (1997. and older)	2000 m	m
6	12:20	cadets A (2002. i 2003.)	2000 m	m/f
7	13:00	juniors B (2000. i 2001.)	2000 m	m
8	13:30	juniors A (1998. i 1999.)	2000 m	m

PROPOSITIONS

ABOUT REGISTRATION AND PARTICIPATION ON COMPETITION

1. **Rowing Club JADRAN** with **Croatian Rowing Federation** is organizing individual and team competition on indoor ergometers on 2000m "**CROATIA OPEN INDOOR on ERGOMETERS 2016**"
2. Entries should be sent **till 12:00 hours on Monday 07.03.2016.** and they should be delivered on email vkjadrani@gmail.com
3. If there is only one registered athlete for one category that race will not be held.
4. Timetable can be changed in case of a larger number of athletes.
5. All athletes in competition must have medical examination and be insured. All athletes take part in the competition at their own risk. The organizer accepts no responsibility for any loss, damage, injury or inconvenience incurred for any reason.
6. Costs of taking part on the competition clubs bear alone.
7. Organizer ensures medals for first, second and third place.
8. Awards ceremony will be held after each race.

9. Competition is organized on fixed ergometers – Model D with 3/5 monitors.

10. Categories of masters are in accordance with the FISA rules.

11. Seniors are split in three (3) categories:

- Seniors A (1993. and older)
- Seniors B (1997. – 1994.)
- Lightweight athletes:

Weight limit for male seniors is 74kg;

Weight limit for female seniors is 61kg.

12. **Team Club competition** consists of the sum of the results of eight (8) individual athletes of one team in each age category. On application form you should specify the eight individuals who will represent the club in a certain age category. All team competitors are automatically included in individual part of competition. In team club competition you can have mixed crew in each age group – e.g. 2 female juniors A and 6 male juniors A make one team.

13. Before the race students should show valid student card or on some other way authenticate their student status.

14. **Competition fee** for masters and students is **4,-EUR** for an athlete. You should make payment on bank account of VK Jadran, till Thursday 10.03.2016. in 12:00 hours.

For payment: Veslački klub Jadran, Rijeka,

IBAN: HR8924020061100134693 – Erste bank, SWIFT: ESBCHR22

Or, you can pay competition fee on competition day, before the race.

15. For all additional information's and details you can contact:

Veslački klub Jadran Rijeka, Delta 1, PP220, 51000 – Rijeka

Mobile: 000385 95 802 4168 – Iva, secretary

E-mail: vkjadranri@gmail.com

